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**Whiz Kids**

By [Heather Zevely](#) [Email the author](#) 5:59am

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## Carlsbad High Student Scores With Soccer Safety Video

Alexandria Miller wanted to help keep other players safe on the field.

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It was a labor of love that took a year and a half to complete. Alexandria Miller is hoping her soccer safety video will reach thousands of students in the North County.

"I started playing soccer when I was seven," said 15-year-old Alexandria. "Over the years I've had friends break their legs and arms. I even accidentally broke someone's nose."

So Alexandria, a junior at [Carlsbad High School](#), figured there was a way she could help. She's a senior in [Girl Scouts](#) and her Gold project was supposed to be something that benefited the community. That's how the video, "Passion for Soccer" came to life.

"I have an old coach, my favorite coach, who was very inspiring," said Alexandria. "His name is Phil Shuttleworth and I figured he would be the perfect person to help me make an instructional video."

The eight minute video teaches players how to have safe body positioning, safe movements and also focuses on the importance of a good nutritional diet and drinking lots of water. Fellow classmate, Brad Streicher, was the videographer.

"I'm really proud of my daughter," said Rosemarie Miller, Alexandria's mother. "She has sent the video to the [Carlsbad](#), Encinitas and Vista school districts. Alexandria even met with the principal of [Hope Elementary](#) and he was planning on showing it to his students on September 2."

Alexandria says her soccer days have come to an end, with too many other commitments keeping her busy. Through the video, she's still using her skills on the field.

"I hope this makes a difference. I'm a really dedicated person and I'm passionate about helping other people."

You can watch Alexandria's video by clicking on the Youtube video at the right.

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