

AT A GLANCE

Each family will receive an assessment and linkage referrals when appropriate.

Family Assessments

Youth Education Groups

Parent Education Groups

Referrals to
Community Resources

Other Services as Needed

GROUP TIMES

Junior High School Students
Wednesdays, 4:00 – 6:00 p.m.

High School Students
Wednesdays, 6:00 – 8:00 p.m.

Parent Classes
Every 5th Session
6:00 – 8:00 p.m.
(see instructor for dates)

LOCATION

All groups are held at:

Carlsbad Village Academy (CVA)
1640 Magnolia Avenue
Carlsbad, CA 92008

WHO REFERS CLIENTS?

ADD UP welcomes referrals from:

- School Personnel
- Community Members
- Parents/Concerned Family Members
- Individuals

WHO'S ELIGIBLE?

ADD UP services are for youth who attend middle school or high school in the Carlsbad Unified School District.

ANY FEES?

There are no fees for this program. **ADD UP** is funded by the Carlsbad Unified School District.

MORE INFORMATION?

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Rev. 02/22/10



Carlsbad Unified School District
... a world class district

Alcohol

Drug

Diversion

and

Uplift

Program

Serving students in the
Carlsbad Unified School District
in partnership with
North County Lifeline, Inc.



ABOUT “ADD UP”

ADD UP is a comprehensive substance abuse prevention program geared toward middle school and high school age youth. The Alcohol Drug Diversion and Uplift Program focuses on intervention and preventive education for youth and their parents.

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- ✓ The number one goal of **ADD UP** is to reduce future drug involvement by informing youth and parents about the negative social, physical, and emotional effects of drug use.
 - ✓ Families will be empowered and able to make informed decisions in the future.
 - ✓ **ADD UP** staff are specifically experienced in drug education, prevention, and intervention.
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Families who desire help for their children and don't know the extent of the problem or how to manage it will receive help from professional staff.

SERVICES

Middle school and high school students are eligible to receive **ADD UP** services. The student's parents will participate in a drug education program focused on family empowerment. Families may also receive referrals to other services and connections to resources in their community.

YOUTH SERVICES include instruction in the following areas:

- ✓ Tobacco
- ✓ Alcohol
- ✓ Marijuana
- ✓ Other Drugs

PARENT SERVICES include instruction in the following areas:

- ✓ Warning signs and behaviors of drug use.
- ✓ Information and guidance on home test kits.
- ✓ Tobacco
- ✓ Alcohol
- ✓ Marijuana
- ✓ Other drugs
- ✓ Information and referrals for a more intensive level of service where needed.

WHO QUALIFIES?

Youth attending middle school or high school in the Carlsbad Unified School District who are exhibiting an interest or early involvement in the drug culture, or have committed drug related criminal offenses. The **ADD UP** program does not satisfy the CUSD requirement that a student complete a Substance Abuse Program as part of an expulsion re-admit plan.

WHO BENEFITS?

The Student.

The Family.

The Community.

Everyone!

“Building relationships and delivering services to the children and families of North County that resolve problems, increase skills and support self-reliance.”